

DECEMBER 2017 - ADDISON TOWNSHIP SENIOR PROGRAM  
 MARIE MAY SENIOR COORDINATOR 248 628-3388 SENIORPROGRAM@ADDISONTWP.ORG

Monday	Tuesday	Wednesday	Thursday	Friday
<p>4</p> <p style="text-align: center;"><i>Merry Christmas And Happy New Year!</i></p>	<p>5 NEURO MOVEMENT FELDENKRAIS FLOOR LESSONS: 9:30-10:30 LEADER: SHIRLEY DELAURIER ‘WEIGHT, LET’S TALK’ 12 PM</p>	<p>6 iPhone 11 AM Leader: Sandy Smith <b>TAI CHI</b> 12 noon Leader: Reuben Flatt “Weight, let’s Talk’ 12 pm</p>	<p>7 Yoga 10:30 am Computer Class 12 noon  Euchre Tournament 7:30 pm</p>	<p>8 <b>Paint Class</b> <b>10:30 am</b> <b>Leader: J. Thomas</b> <b>Bring a dish to pass</b></p>
<p>11</p> <p style="text-align: center;"><b>HAPPY HOLIDAYS!</b></p> <p>***</p>	<p>12 NEURO MOVEMENT FELDENKRAIS FLOOR LESSONS: 9:30-10:30 LEADER: SHIRLEY DELAURIER  “WEIGHT. LET’S TALK’ 12</p>	<p>13 iPhone 11 am  <b>TAI CHI</b> 12 noon “Weight, let’s Talk” 12 Essential Oils 1 PM Leader: Susan Glenday **</p>	<p>14 Yoga 10:30 am Computer Class 12 noon Leader: Tony Spina  Euchre Tournament 7:30 nm</p>	<p>15 <b>Paint Class</b> <b>10:30 am</b> <b>Leader: J. Thomas</b>  <b>Bring a dish to pass</b></p>
<p>18</p> <p style="text-align: center;"><b>HAPPY BIRTHDAY</b> <i>To everyone having a Birthday in Dec.</i></p>	<p>19 NEURO MOVEMENT FELDENKRAIS FLOOR LESSONS: 9:30-10:30 LEADER: SHIRLEY DELAURIER  “WEIGHT, LET’S TALK” 12 NOON</p>	<p>20 iPhone 11 AM Leader: Sandy Smith  <b>TAI CHI</b> 12 noon Leader: Reuben Flatt  “Weight, Let’s Talk” 12 pm</p>	<p>21 Yoga 10:30 am Computer Class 12 noon Leader: Tony Spina  Euchre Tournament 7:30 pm</p>	<p>22 <b>Paint Class</b> <b>10:30 am</b> <b>Leader: J. Thomas</b>  <b>Bring a dish to pass</b></p>
<p>25</p> <p style="text-align: center;"><i>Merry Christmas And Happy New Year!</i></p>	<p>26 NEURO MOVEMENT FELDENKRAIS FLOOR LESSONS: 9:30-10:30 BLOOD PREASURE TESTING &amp; WEIGHT, LET’S TALK 12 NOON</p>	<p>27 iPhone 11 AM Leader: Sandy Smith  <b>TAI CHI</b> 12 noon Leader: Reuben Flatt “Weight, Let’s Talk” 12 pm</p>	<p>28 Yoga 10:30 am Computer Class 12 noon Leader; Tony Spina  Euchre Tournament 7:30 pm</p>	<p>29 <b>Paint Class</b> <b>10:30 am</b> <b>Leader: J. Thomas</b>  <b>Bring a dish to pass</b></p>
	<p>Notes for next year! 2018 We may start up a <b>BINGO</b> on Tuesdays! Check the January senior Calendar for date &amp; time</p>	<p>Casino Bus Trips start up In JANUARY. <b>Must be Pre-Paid.</b> Call Marie to Get on the reminder list!</p>	<p>Our Speakers have very Valuable information that We could use in our lives as seniors. Please plan on Attending the lectures.</p>	<p>All of our Leaders are leaders from our Community.  <a href="http://calendarlabs.com">calendarlabs.com</a></p>

