

# JUNE 2017 - ADDISON TOWNSHIP SENIOR PROGRAM

COME IN AND CELEBRATE YOUR BIRTHDAY THE 4<sup>TH</sup>. TUESDAY OF THE MONTH

Monday	Tuesday	Wednesday	Thursday	Friday
			<b>Solving Computer Problems for Seniors</b> 1 Leader: Tony Spina 12 PM  Yoga: 10:30 Euchre Tournament: 7:30 pm	<b>Paint Class</b> 2 10:30 am Leader: Jerry Thomas  Bring a dish to pass
<b>Game Day</b> 11 AM 5 Leader: Kay Bittell  Speaker: Geno Millia 11:00  Bring your lunch!	<b>Method of Movement</b> 6 Feldenkrais.com 10am Leader: Shirley Delauier "Independence Village of Waterstone" 11:15 Speaker: Carolyn White	<b>"Weight, Let's Talk"</b> 7 Leader: Sandy Smith 11 AM I Phone Class 10 AM Leader: Sandy Smith	<b>Solving Computer Problems for Seniors</b> 8 Leader: Tony Spina 12 PM  Yoga: 10:30 Euchre Tournament 7:30 pm	<b>Paint Class</b> 9 10:30 am  Leader: Jerry Thomas  Bring a dish to pass
<b>Game Day</b> 11 AM 12 Bring Your Lunch!  <b>Casino Trip: Greek Town</b> Must reserve & pay in advance Bus leaves Oxford at 10:30 AM	<b>Method of Movement</b> 13 Feldenkrais.com 10 am  Leader: Shirley Delauier	<b>"Weight, Let's Talk"</b> 14 11 AM I Phone Class 10 AM Leader: Sandy Smith  Essential Oils 11 AM Susan Glenday	<b>Solving Computer Problems for Seniors</b> 15 Leader: Tony Spina 12 PM  Yoga: 10:30 Euchre Tournament 7:30 pm	<b>Paint Class</b> 16 10:30 am  Leader: Jerry Thomas Bring a dish to pass
<b>Optimal Health &amp; Wellness Detoxification</b> 19 Speaker: Joyce Oliveto 11:30  Lunch Included	<b>Method of Movement</b> 20 Feldenkrais.com 10am Leader: Shirley Delauier	<b>"Weight Let's Talk"</b> 21 11 AM  I Phone Class 10 AM Leader: Sandy Smith	<b>Solving Computer Problems for Seniors</b> 22 Leader: Tony Spina 12PM  Yoga: 10:30 Euchre Tournament 7:30 pm	<b>Paint Class</b> 23 10:30 am  Leader: Jerry Thomas Bring a dish to pass
<b>Game Day</b> 11:00 AM 26  Disability Network Leader: Mallisa Machac 11 am	CELEBRATE BIRTHDAYS! 27 <b>Method of Movement</b> Feldenkrais.com 10am <b>Service to Veterans</b> Director: Sharon Therrien 11:15	<b>"WEIGHT, LET'S TALK"</b> 28 11 AM  I Phone Class 10 AM Leader: Sandy Smith	<b>Solving Computer Problems for Seniors</b> 29 Leader: Tony Spina 12 noon Yoga: 10:30 Euchre Tournament 7:30 pm	<b>Paint Class</b> 30 10:30 am  Leader: Jerry Thomas Bring a dish to pass