

ADDISON TOWNSHIP SENIOR CENTER

MAY, 2017

Seniorprogram@addisontwp.org

Monday	Tuesday	Wednesday	Thursday	Friday
GAME DAY 11 am 1 Beginners Cards/Games Leader: Kay Bittell Bring a dish to pass for lunch Alzheimer & financial abuse Speaker: Melisa Machae 11am	METHOD OF MOVEMENT 2 FELDENKRAIS.COM 10 AM LEADER: SHIRLEY DELAUIER LEARN TO PLAY EUCHRE 11:30 AM LEADER: REUBEN FLATT	Recruiting for Ms. Senior 3 Michigan 11 AM "Weight/Talk & Walk 10am I Phone Class 11 AM Leader: Sandy Smith Bring your lunch!	Computer 101 12pm 4 Leader: Tony Spina Yoga 10:30 am Euchre Tournament 7:30 PM	Paint Class 10:30 am 5 Leader: Jerry Thomas
GAME DAY 8 Beginners Cards/Games Leader: Kay Bittell Bring a dish to pass for Lunch! Casino Bus leaves from Oxford	METHOD OF MOVEMENT 9 FELDENKRAIS.COM 10 AM REBOUNDING & DRYBRUSHING 11:15 SHIRLEY DELAUIER LEARN TO PLAY EUCHRE 11:30 AM LEADER: REUBEN FLATT	Essential Oils 11 AM 10 Leader: Susan Glenday "Weigh/Talk" & Walk 10 am iphone Class 11 AM Gently used Purses and Accessories 12 noon Bring your lunch!	Computer 101 12pm 11 Leader: Tony Spina Yoga 10:30 am Euchre Tournament 7:30 PM	Paint Class 10:30 am 12 Leader: Jerry Thomas
GAME DAY 15 Beginners Cards/Games Leader: Kay Bittell Bring a dish to pass for Lunch!	METHOD OF MOVEMENT 16 FELDENKRAIS.COM 10 AM LEARN TO PLAY EUCHRE 11:30 AM SENIOR REAL ESTATE SPEAKER 11:30 CHRISTINE PODSIADLIK CELEBRATING SENIOR BIRTHDAYS!	Weight/Talk & Walk 17 10 am I Phone 101 Leader: Sandy Smith 11 AM Bring your lunch!	Computer 101 12pm 18 Leader: Tony Spina Yoga 10:30 am Euchre Tournament 7:30 PM	Paint Class 10:30 am 19 Leader: Jerry Thomas
GAME DAY 11 am 22 Beginners Cards/Games Optimal Health & Wellness Stepping stones to optimal Health. Community Room Joyce Olivetro 11:30 am Lunch included	METHOD OF MOVEMENT 23 FELDENKRAIS.COM 10 AM LEADER: SHIRLEY DELAUIER SENIOR REAL ESTATE 11:30 AM CHRISTINE PODSIADLIK -SPEAKER LEARN TO PLAY EUCHRE 11:30 AM	Senior Health 11 AM 24 11 am Speaker: Malisa Machae Weight/Talk & Walk 10am I Phone Class 11 AM Leader: Sandy Smith Bring your lunch!	Computer 101 12pm 25 Leader: Tony Spina Yoga 10:30 am Euchre Tournament 7:30 PM	Paint Class 10:30 am 26 Leader: Jerry Thomas
29 CLOSED HAPPY MEMORIAL DAY!	METHOD OF MOVEMENT 30 FELDENKRAIS.COM 10 AM LEADER: SHIRLEY DELAUIER LEARN TO PLAY EUCHRE 11:30 AM LEADER: REUBEN FLATT	CASINO TRIP/SAGANING MONDAY, MAY 8, 2017 LEAVES OXFORD 9AM RETURNS 6PM MUST RESERVE IN ADVANCE TERESA 248-628-6137	RESERVE YOUR BUS SEAT TIGER GAME – JUNE 8TH. LEAVES FROM OXFORD. MUST RESERVE IN ADVANCE. 248 6281720	CELEBRATE SENIOR Birthdays With Us MAY 16, 12:30