

MARCH 2018

ADDISON TOWNSHIP SENIOR PROGRAM

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Monday	Tuesday	Wednesday	Thursday	Friday
<p>Dieters Doing Great! Stay strong In MARCH! Summer here soon!</p>	<p>1 LB. GROUND TURKEY ADD FINELY CHOPPED VEGGIES CELERY, ONION, ZUCCHINI, SEASON TO TASTE, FRY IN COATED PAN WITH LITTLE OLIVE OIL MARIE'S RECEIPE! *****</p>	<p>Detroit Institute of Arts Bus Trip March 29, 11:30 Bus leaves from township Offices. MUST SIGN UP BY MARCH 15TH. No charge for Bus or tour. 11:30 am</p>	<p>Yoga 10;30 1 Word Processing Leader: Tony Spina 12 noon Euchre Tournament 7:30 PM</p>	<p>Paint Class 2 10:30 AM Leader: Jerry Thomas Bring a dish to pass</p>
<p>CoffeeTime 10am 5 MEET NEW FRIENDS! Greeter Cindy BINGO 11 AM ***</p>	<p>Neuro movement 6 Feldenkrais.com 9:30-10:30 Leader: Shirley Delauier Zoomba 10:45-11:45 'Clear Captions' Co. 12 pm Speaker: Callie Bradford Free phones for Seniors</p>	<p>LEARN EUCHRE 11 AM 7 Leader: Kay Bittell Spirit River naturals OIL 11 10:30 Androids phone 11:30 Apple iPhones Leader: Sandy Smith **</p>	<p>Yoga 10;30 8 Word Processing Leader: Tony Spina 12 noon Euchre Tournament 7:30 PM</p>	<p>Paint Class 9 10:30 AM Leader: Jerry Thomas Bring a dish to pass</p>
<p>Casino Day 12 MUST BE PRE PAID/MARIE CALL FOR DETAILS BINGO 11 AM</p>	<p>NEURO MOVEMENT 13 FELDENKRAIS.COM 9:30-10:30 LEADER: SHIRLEY DELAUIER ZOOMBA 10:45 – 11:45 CELEBRATE BIRTHDAY'S</p>	<p>10:30 Androids phone 14 11:30 Apple iPhones Leader: Sandy Smith</p>	<p>Yoga 10;30 15 Word Processing Leader: Tony Spina 12 noon Euchre Tournament 7:30 PM</p>	<p>Paint Class 10:30 am 16 Leader: Jerry Thomas “ Bring a dish to pass</p>
<p>BINGO 11 AM 19</p>	<p>NEURO MOVEMENT 20 FELDENKRAIS.COM 9:30-10:30 LEADER: SHIRLEY DELAUIER Zoomba 10:45 – 11:45</p>	<p>21 10:30 Androids phone 11:30 Apple iPhones Leader: Sandy Smith</p>	<p>Yoga 10;30 22 Word Processing Leader: Tony Spina 12 noon Euchre Tournament 7:30 PM</p>	<p>Paint Class 10:30 am 23 Leader: Jerry Thomas “ Bring a dish to pass</p>
<p>BINGO 11 AM 26</p>	<p>NEURO MOVEMENT 27 FELDENKRAIS.COM 9:30-10:30 BL PRESSURE TESTING AFTER CLASS ZOOMBA 10:45 11:45 'DISABILITY NETWORK' 12 NOON OAKLAND & MACOMB SPEAKER: ROZETTA ROX</p>	<p>28 10:30 Androids phone 11:30 Apple iPhones Leader: Sandy Smith</p>	<p>Yoga 10;30 29 Word Processing 12 pm Leader: Tony Spina Detroit Institute of Arts Bus Trip 11:30 Purchase own lunch</p>	<p>Paint Class 10:30 am 30 Leader: Jerry Thomas “ Bring a dish to pass</p>

