

MAY 2018

Addison Township Senior Program

Marie May – Senior Coordinator (248) 628-3388 / Seniorprogram@addisontwp.org

Monday	Tuesday	Wednesday	Thursday	Friday
ZOOMBA 9:30 AM 30 Weight Loss Club 10:30 Today is Last day to Sign up for dish to pass for Wed. may 9th. Senior Spring Party Call Sandy: 248-224-5309	Neuro movement 1 Feldenkrais 9:30-10:30 Leader: Shirley Delauler	ANDROID PHONE CLASS 2 10:30 AM lphone class 11:30 Leader: Sandy Smith	Senior Chair Yoga 3 10:30 am Security-Personal Data Computer Class 12 pm Leader: Tony Spina Eucher Tournament 7:30 pm	PAINT CLASS 4 10:30 AM Leader: Jerry Thomas Bring a dish to pass
ZOOMBA 9:30 7 Weight loss Club 10:30	Neuro movement 8 Feldenkrais 9:30-10:30 Leader: Shirley Delauler Celebrate Senior Birthdays!	Spring Senior 9 LUNCHEON PARTY 11:30 am <i>"Spirit Natural Oils"</i> <i>"Disability Network" info</i> Free Phone for Seniors With hearing loss iPhone Class cancelled Today only	Senior Chair Yoga 10 10:30 am Security-Personal Data Computer Class 12 pm Leader: Tony Spina Eucher Tournament 7:30 pm	PAINT CLASS 11 10:30 AM Leader: Jerry Thomas Bring a dish to pass
ZOOMBA 9:30 14 Weight Loss Club 10:30 AARP Mark Steffens Will answer your Questions 10:30	Neuro movement 15 Feldenkrais 9:30-10:30 Leader: Shirley Delauler Let's Talk "psychic" Bring dish to pass 11 am	Android phone 16 Class 10:30 iphone class 11:30 Leader: Sandy Smith	Senior Chair Yoga 17 10:30 am Security-Personal Data Computer Class 12 pm Leader: Tony Spina Eucher Tournament 7:30 pm	PAINT CLASS 18 10:30 AM Leader: Jerry Thomas Bring a dish to pass
ZOOMBA 9:30 21 Weight Loss Club 10:30 AM	Neuro movement 22 Feldenkrais 9:30-10:30 Leader: Shirley Delauler	Android phone 23 Class 10:30 iphone class 11:30 Leader: Sandy Smith	Senior Chair Yoga 24 10:30 am Security-Personal Data Computer Class 12 pm Leader: Tony Spina Eucher Tournament 7:30 pm	PAINT CLASS 25 10:30 AM Leader: Jerry Thomas Bring a dish to pass
28 CLOSED HAPPY MEMORIAL DAY!	Neuro movement 29 Feldenkrais 9:30-10:30 Leader: Shirley Delauler	Android phone 30 Class 10:30 lphone class 11:30 Leader: Sandy Smith	Senior Chair Yoga 31 10:30 am Security-Personal Data Computer Class 12 pm Leader: Tony Spina	

			Eucher Tournament 7:30 pm	
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